

## CURRICULUM VITAE

**John R. Burroughs, M.D., P.C.**  
**Board Certified Ophthalmologist**  
**Fellowship-Trained Oculofacial Plastic Surgeon**  
**Medical Director Springs Aesthetics**  
**300 Garden of the Gods Rd., Ste 100**  
**Colorado Springs, CO 80907**  
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### GENERAL BIOGRAPHICAL INFORMATION:

#### Education:

Undergraduate: University of Texas at Austin 8/85-5/89  
Austin, Texas  
Bachelor of Science Degree (Honors)

Medical School: Uniformed Services University of the Health Sciences  
8/89-5/93  
F. Edward Hébert School of Medicine  
Bethesda, Maryland  
M.D. Degree

#### Post-Graduate Training:

Internship: Transitional medical and surgical internship 7/93-7/94  
89th Medical Group-Malcolm Grow Medical Center  
Andrews AFB, Maryland

Fellowship: Aerospace Ophthalmology 8/94-6/96  
Aerospace Consultation Service  
United States Air Force School of Aerospace Medicine  
Brooks AFB, Texas

Residency: Ophthalmology 7/96-7/99  
San Antonio Uniformed Services Health Education Consortium  
Wilford Hall United States Air Force and Brooke Army Medical Centers  
San Antonio, Texas

Fellowship: Ophthalmic & Facial Plastic Reconstructive Surgery 7/04-6/06  
Richard Anderson, M.D. (Center for Facial Appearances)  
Salt Lake City, Utah

**Academic Appointments:**

Assistant Professor of Surgery Uniformed Services University of the Health Sciences Eglin Regional Hospital, Eglin AFB, Florida	6/01-6/04
Adjunct Professor of Ophthalmology (Oculofacial Plastic Surgery) Moran Eye Center (University of Utah); VA hospital Salt Lake City, Utah	7/04-6/06
Adjunct Professor of Surgery Rocky Vista University College of Osteopathic Medicine. Parker/Colorado Springs, CO	2012-present

**Board Certification:**

Diplomate, National Board of Medical Examiners	July, 1994
Diplomate, American Board of Ophthalmology	November, 2000-present

**Medical Licensure:**

State of Indiana	July, 1994-2005
State of Utah	January, 2004-2006
State of Colorado	January, 2006-present

**Academic Honors:**

Cum Laude Dean's Honor List	Fall 1985
Magna Cum Laude Dean's Honor List	Fall 1986
AED Premed Honor Society	1987-1989
Inducted into Outstanding College Students of America	Fall 1987
Taylor Fellowship Grant	2004-2006

**Professional Honors:**

Peer Selected Nationally to Best Doctors
Peer Selected Locally to Colorado Springs Top Docs
America's Best Physicians
Top Ophthalmologists (Oculofacial Plastic Surgery)

## 10 Best Plastic Surgeons of Colorado

**Teaching Experience:**

Ophthalmology Preceptor for Family Practice Residency and Physician Assistant School Eglin AFB, FL	7/99-7/04
Advanced Cardiac Life Support Course Instructor Eglin AFB, FL	01/00-7/04
Invited to teach at USUHS Ocular/Orbital Trauma Course Bethesda, MD	May 5, 2001
Invited to teach at Orbital/Head Dissection Course San Antonio, TX	August, 2001
Invited to teach at Surgical Readiness Skills Update Eglin AFB, FL	August, 2002
Invited to teach at University of Montemorelos Montemorelos, Mexico	July, 2003
Invited to teach at Orbital/Head Dissection Course San Antonio, TX	August, 2003
Adjunct Professor, Oculofacial Plastic Surgery University of Utah, Dept. of VA Salt Lake City, UT	2004-2006
Invited Speaker: ASOPRS Aesthetics Consultants Annual ASOPRS meeting, New Orleans, LA	2007
Adjunct Professor, Oculofacial Plastic Surgery Rocky Vista University College of Osteopathic Medicine Parker/Colorado Springs, CO	2012-present

**Military Honors:**

Awarded Expert Marksmanship Ribbon	July, 1989
Awarded US Army Physical Fitness Badge (perfect score)	May, 1990
Awarded United States Army Airborne Jump Wings	July, 1990
Awarded National Defense Service Medal	August, 1990
Awarded French Parachutist Brevet	March, 1991
Awarded USAF Flight Surgeon Wings	September, 1994

Operation Dessert Storm/Shield Awards:	1994-1995
Awarded Southwest Asia Service Medal (January, 1995)	
Man in the Arena Award (January, 1995)	
Aerial Achievement Medal (May, 1995)	
Top Knife Fighter Surgeon School, Kingsley ANG, Oregon	January, 1996
USAF Commendation Medal	July, 1996
Meritorious Service Medal	May, 2004
Honorable Discharge, Lt. Col. (s), USAF	June, 2004

**Professional Societies:**

Christian Medical and Dental Association	1989-present
American Academy of Ophthalmology	1996-present
Texas Ophthalmology Association	1997-1999
American Society of Cataract and Refractive Surgeons	1997-2004
Northwest Florida Society of Ophthalmologists	1999-2004
Utah Ophthalmology Society	2004-2006
El Paso County Medical Society	2006-present
American Society of Ophthalmic Plastic Reconstructive Surgery	2007-present
Colorado Society of Eye Physicians	2012-present

**RESEARCH INFORMATION****National Scientific Participation:**

Review Panels, Committees, Editor:

Military Ophthalmology Surgical Optimization Group	2001
Invited Expert Reviewer for USAF Ophthalmology	2002-2004
Invited Scientific Reviewer	
<i>Ophthalmology</i>	2002-present
<i>Ophthalmic Plastic and Reconstructive Surgery</i>	2004-present
<i>American Journal Ophthalmology</i>	2004-present
Editor, Oculoplastic Surgery Section, Ocular Surgery News	2006-present

Aesthetic Abstract Reviewer, Ophthalmic Plastic and Reconstructive Surgery Journal (OPRS)	2019-present
Key Opinion Leader, Inmode Aesthetic Technologies	2019-present
Editor & Reviewer for Aesthetic Abstracts for ORPS	2019-present

### Peer-Reviewed & Other Scientific Journal Publications:

1. Ersek RA, Burroughs JR, Ersek CL, and Navarro A. Interrelationship of Capsule Thickness and Breast Hardness Confirmed by a New Measurement Method, *Plast Reconstr Surg* 1990;87:1069-73.
2. Burroughs JR, Ivan DA, Thomas RA, et al. Optic Nerve Head Drusen: An Example of Aeromedical Decisions Regarding Visual Field Loss. In: Vandenbosch P, Landolt JP. Advisory Group for Aerospace and Research and Development, Neurological Limitations of Aircraft Operations: Human Performance Implications (AGARD-CP-579). Quebec: Canada Communications Group for NATO, 1996; chapter 18.
3. Burroughs JR, Ivan DA, Tredici TJ, et al. Transient Vision Loss in Aircrew. In: Vandenbosch P, Landolt JP. Advisory Group for Aerospace and Research and Development, Neurological Limitations of Aircraft Operations: Human Performance Implications (AGARD-CP-579). Quebec: Canada Communications Group for NATO, 1996; chapter 19.
4. Ivan DJ, Tredici TJ, Perez-Becerra J, Dennis R, Burroughs JR, Taboada J. Photorefractive Keratectomy (PRK) in the Military Aviator: An Aeromedical Perspective. *Aviat Space Environ Med* 1996;67:770-6.
5. Ivan DJ, Tredici TJ, Burroughs JR, Pasquale A, Hickman JR, Cuervo H, Gooch J. Primary Idiopathic Optic Neuritis in U.S. Air Force Aviators. *Aviat Space Environ Med* 1998;69; 158-65.
6. O'Hara MA, Dirks MS, Burroughs JR. Nerve Fiber Layer Thickness in Unilateral Amblyopia. In Pritchard C (Ed), Trans of the IX International Orthoptic Conference. Stockholm, Sweden, 68-71, June 1999.
7. Burroughs JR, Soparkar CNS, Patrinely JR, Williams PD, Holck DEE. Periocular Dog Bite Injuries and Responsible Care. *Ophthalmic Plastic Reconstr Surg* 2002;18:416-20.
8. Burroughs JR, Soparkar CNS, Patrinely JR, Kersten RC, Kulwin DR, Lowe CL. Monitored Anesthesia Care for Enucleations and Eviscerations. *Ophthalmology* 2003;110:311-3.
9. Burroughs JR, Soparkar CNS, Patrinely JR. The Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair. *Ophthalmic Plastic Reconstr Surg* 2003;19:323-4.
10. Burroughs JR, Soparkar CNS, Patrinely JR. The Tarsal Rotation Mattress Suture: A Powerful New Correction for Marginal Ectropion. *Ophthalmic Plastic Reconstr Surg* 2003;19:404-6.

11. Burroughs JR, Cospin JR, Soparkar CN, Patrinely JR. Misdiagnosis of Silent Sinus Syndrome. *Ophthalmic Plastic Reconstr Surg* 2003;19:449-54.
12. Burroughs JR, Soparkar CNS, Patrinely JR, Lowe CL, Kersten RC, Kulwin DR. Monitored Anesthesia Care [letter]. 605-60 *Ophthalmology* 2004;111:605-6.
13. Burroughs JR, Soparkar CNS, Patrinely JR. Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair [letter]. *Ophthalmic Plastic Reconstr Surg* 2004;20:179.
14. Burroughs JR, Anderson RL, McCann JD. Oculofacial Botox Applications. *Ann Ophthalmol* 2005;37:152-3.
15. Burroughs JR, Patrinely JR, Nugent JS, Soparkar CNS, Anderson RL, Pennington JH. Cold Urticaria: An under recognized cause of postsurgical periorbital swelling. *Ophthal Plast Reconstr Surg* 2005;21:327-30.
16. Burroughs JR, Bearden WH, Anderson RL, McCann JD. Internal Brow Elevation at Blepharoplasty. *Arch Facial Plast Surg* 2006;8:36-41.
17. Burroughs JR, Anderson RL, Elliot RL. Correction of Congenital Blepharoptosis in Oculomotor-Abducens Synkinesis. *Ophthal Plast Reconstr Surg* 2006;22:64-65.
18. McCann JD, Goldberg RA, Anderson RL, Burroughs JR, Ben Simon GJ. Medial wall decompression for optic neuropathy but lateral wall decompression with fat removal for non vision-threatening indications. *Am J Ophthalmol* 2006 May;141:916-7.
19. Burroughs JR, Bearden WH, Anderson RL, Hoffman RO, Elliot RL. Congenitally enlarged extraocular muscles: Can thyroid eye disease in a euthyroid infant? *Ophthal Plast Reconstr Surg*. 2006 Jul-Aug;22:314-6.
20. McInnes A, Burroughs JR, Anderson RL, McCann JD. Temporary Suture Tarsorrhaphy. *Am J Ophthalmol* 2006 August;142:344-6
21. Lin DJ, Sami MS, Burroughs JR, Soparkar CN, Patrinely JR. Ocular Injury From Local Anesthetic Injections: Needle Expulsion--the luer-lok allure. *Arch Facial Plast Surg* 2006;8:436.
22. Katz BJ, Burroughs JR, Anderson RL, McCann JD. Asynchronous blepharospasm, facial and cervical dystonia and bilateral asynchronous hemifacial spasm. *Mov Disord* 2007;22:231-4.
23. Burroughs JR, Anderson RL, Patrinely JR, Weinberg DA, McCann JD, McMullan TF. Pre-Operative Assessment of the Eye and Periocular Region. *Seminars in Plastic Surgery* 2007;21:5-17.
24. Anderson RL, Georgescu D, Vagefi MR, McMullan TF, Burroughs JR, McCann JD. To Patch or Not to Patch: That is the Question. *Arch Facial Plast Surg* 2007; 9:290-2.
25. McCann JD, Tsirbas A, Burroughs JR. Autologous dermis graft at the time of evisceration or enucleation. *Br J Ophth* 2007;91:1528-31.

26. Burroughs JR, Bearden WH, Anderson RL, Hoffman RO, Elliot RL. Congenitally enlarged extraocular muscles: Can thyroid eye disease in a euthyroid infant [letter]? *Ophthal Plast Reconstr Surg Ophthalmic* 2007; 23:253.
27. Vagefi MR, McMullan TF, Burroughs JR, White GL Jr, McCann JD, Anderson RL. Injectable calcium hydroxylapatite for orbital volume augmentation. *Arch Facial Plast Surg*. 2007;9:439-42.
28. Mills DM, Bodman MG, Meyer DR, ASOPRS Dacryocystitis Study Group. The Microbiologic Spectrum of Dacryocystitis: A National Study of Acute Versus Chronic Infection. *Ophthal Plast Reconstr Surg* 2007;23:302-306.
29. Burroughs JR, Anderson RL, Vagefi MR, McCann JD. Re: Correction of anophthalmic enophthalmos with injectable calcium hydroxylapatite (Radiesse). *Ophthal Plast Reconstr Surg* 2008; 24:431.
30. Wu AY, Vagefi MR, Georgescu D, Burroughs JR, Anderson RL. Enduragen patch grafts for exposed orbital implants. *Orbit*. 2011;30:92-5.
31. Vagefi MR, McMullan TF, Burroughs JR, Georgescu D, McCann JD, Anderson RL. Orbital augmentation with injectable calcium hydroxylapatite for correction of postenucleation/evisceration socket syndrome. *Ophthal Plast Reconstr Surg*. 2011;27:90-4.
32. Burroughs JR, Hsueh JB, Sayre R. Re: "Two Cases of Periocular Cutaneous Angiosarcoma." *Ophthal Plast Reconstr Surg*. 2012;28:386-7.
33. Burroughs JR, Hsueh JB, Pelton RW. Re: "Arcanobacterium hemolyticum orbital cellulitis: a rare but aggressive disease." *Ophthal Plast Reconstr Surg*. 2013; 29:332-3.
34. Burroughs JR. Re: "The Efficacy of the Midfacial Seal Drape In Preventing Oculofacial Surgical Field Fire Risk." *Ophthal Plast Reconstr Surg*. 2014;30:191.
35. Burroughs JR. Re: "Calcium hydroxylapatite (Radiesse) for the correction of periorbital hollows, dark circles, and lower eyelid bags". *Ophthal Plast Reconstr Surg*. 2014;30:440.
36. Burroughs JR, Mondanaro KR, Hsueh JB, Knox BE. An atypical case of an elderly male with allergic fungal sinusitis masquerading as an erosive sino-orbital mass. *Research* 2014;1:1261.
37. Ferraz LB, Burroughs JR, Satto LH, Natsuaki KL, Menguin RL, Marques ME, Schellini SA. Three adult cases of orbital hidrocystoma presenting with blepharoptosis. *J. Clin. Med*. 2015, 4(1),150-8.
38. Hsueh JB, Burroughs JR, Soparkar CN, McCann JD. Safety of Pretarsal Botulinum Toxin for Blepharospasm Associated Pseudo-apraxia: Is Ptosis a Real Concern? *Research* 2015;2: 1390.
39. Burroughs JR, Hsueh JB, Soparkar CN, McCann JD. Re: "Safety of Onabotulinum Toxin A Injections to the Central Upper Eyelid and Eyebrow Regions." *Ophthal Plast*

*Reconstr Surg* 2015 Sep-Oct;31(5):422.

40. Schellini S, Jorge E, Sousa R, Burroughs J, El-Dib R. Porous and nonporous orbital implants for treating the anophthalmic socket: A meta-analysis of case series studies. *Orbit* 2016 Apr;35(2):78-86.
41. Burroughs JR. "Periorbital Rejuvenation With Hyaluronic Acid Fillers." [Prime Journal 2019](#).
42. Burroughs JR. Aesthetic Abstracts and Citations. *Ophthalmic Plast Reconst Surg*. 35(4):414-416, July/August 2019.
43. Burroughs JR. Aesthetic Abstracts and Citations. *Ophthalmic Plast Reconst Surg*. 35(5):513-515, September/October 2019.
44. Burroughs JR. Aesthetic Abstracts and Citations. *Ophthalmic Plast Reconst Surg*. 35(6):635-637, November/December 2019.
45. Burroughs JR. Aesthetic Abstracts and Citations. *Ophthalmic Plast Reconst Surg*. 36(1):100-102, January/February 2020.
46. Burroughs JR. Aesthetic Abstracts and Citations. *Ophthalmic Plast Reconst Surg*. 36(2):210-212, March/April 2020.

**Invited Meeting Speaker, Faculty Member, Moderator, & Scientific Presenter:**

1. Tredici TJ, Stern C, Burroughs JR: Cataract Surgery in USAF Aviators. Scientific poster 2. American Academy of Ophthalmology, Atlanta, Georgia, October 29-November 2, 1995.
2. Burroughs JR, Tredici TJ, Stern C, Ivan DJ, Dennis R: The Use of Contact Lenses for the Correction of Aphakia in USAF Aviators. Aerospace Medical Association Annual Meeting, Atlanta, Georgia, May 5-9, 1996.
3. Burroughs JR, Waller SG, Manning CA, Kloess PM: Intraoperative Mitomycin in Primary Pterygium Excision: Long-term Follow-up of a Prospective, Randomized Trial. Scientific poster 5064. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 11-16, 1997.
4. Burroughs JR, Ng JD, Chacko B, Holck DEE: Comparison of the Phenol Red Thread Test to the Schirmers 1 and Basal Tear Secretion Tests. Society of Air Force Clinical Surgeons Annual Meeting, San Antonio, Texas, April 5-9, 1998.
5. Burroughs JR, Chacko B, Auber AE, Dirks MS: Detection of Canalicular Lacrimal Plugs by Direct Imaging Using Magnetic Resonance Scan. Scientific poster 2491. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1998.
6. Tredici TJ, Burroughs JR, Angle BN: Intraocular Lenses in USAF Aviators. Scientific poster 252. Aerospace Medical Association Annual Meeting, Seattle, Washington, May 15-22, 1998.



7. Burroughs JR, Holck DEE, Dutton JJ, Debacker CM, Ng JD, Foster, JA: Success of Supra-Whitnall's Levator Muscle Resection in the Treatment of Fair-Function Ptosis. Scientific poster 4475. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1999.
8. Holck DEE, Ng JD, Scribbick FS, DeBacker CM, Foster JA, Burroughs JR: Histology of Hard Palate Mucosa Harvested with Stainless Steel and a Radiofrequency Mucotome. Scientific poster 4490. Association for Research in Vision and Ophthalmology (ARVO) Annual Meeting, Ft. Lauderdale, Florida, May 9-14, 1999.
9. O'Hara MA, Dirks MS, Burroughs JR. Nerve Fiber Layer Thickness in Unilateral Amblyopia. Scientific poster 115. American Academy of Ophthalmology Annual Meeting, Orlando, Florida, October 24-27, 1999.
10. Burroughs JR, Soparkar CNS, Williams PD, Patrinely JR, Holck DEE: When Best Friends Bite, Lawyers Begin to Bark. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, New Orleans, Louisiana, November 9-10, 2001.
11. Burroughs JR, Soparkar CNS, Patrinely JR: The Buried Vertical Mattress: A Simplified Technique for Eyelid Margin Repair. Scientific Poster. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
12. Burroughs JR, Soparkar CNS, Patrinely JR: The Tarsal Rotation Mattress Suture: A Powerful New Correction for Marginal Ectropion. Scientific poster. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
13. Holck DEE, Ng JD, DeMartelaere S, Foster JA, Blaydon S, Burroughs JR: Stimulation of the Unilateral Anophthalmic Procine Orbit Using Hydrogel Autoexpansile Orbital Implants: Reducing Orbital Volume Asymmetry. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Orlando, Florida, October 18-19, 2002.
14. Soparkar, CNS, Baker RS, Patrinely JR, Calvano CJ, Burroughs JR: Local Anesthetic Orbicularis Myotoxicity: An Unrecognized Problem? American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, Anaheim, California, Nov 14-15, 2003.
15. Burroughs JR, Soparkar CS, Patrinely JR, Nugent JA, Anderson RA. Cold Urticaria: An Under Recognized Cause of Pseudo-Orbital Cellulitis. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Scientific Symposium, New Orleans, Louisiana, Oct 22-23, 2004.
16. Anderson RL, Burroughs JR. Asynchronous Benign Essential Blepharospasm. Orbital Society Meeting. Destin, Florida, May 5-8, 2005.
17. Anderson RL, Burroughs JR. Can congenital thyroid eye disease exist in a euthyroid infant and mother? Orbital Society Meeting. Destin, Florida, May 5-8, 2005.

18. Anderson RL, Burroughs JR. Can Asynchronous Benign Essential Blepharospasm Coexist with Hemifacial Spasm? BEBRF Annual Meeting, Park City, UT, Aug 19-21, 2005.
19. McMullan TFW, Vagefi RM, Burroughs JR et al. Radiesse (Injectible Calcium Hydroxyapatite) as orbital volume replacement for sunken socket syndrome. Joint Meeting European Society of Ophthalmic Plastic and Reconstructive Surgery and British Oculoplastic Surgery Society Annual Meeting, Imperial College, London, England, Sept 14, 2006.
20. Vagefi RM, Burroughs JR, Anderson RL. Upper Eyelid Myectomy for Blepharospasm and Apraxia of Eyelid Opening. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Fall Meeting, New Orleans, LA, 2007.
21. Burroughs JR. Bleeding in Oculofacial Plastic Surgery. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Fall Meeting, New Orleans, LA, 2007.
22. Isaacs KD, Tsirbas A, McMullan TF, Vagefi RM, Burroughs JR et al. Surgical Outcomes Using Secondary Dermis Fat Grafts for Orbital Implant Exposure. Joint Meeting American Academy of Ophthalmology Scientific Session. Atlanta, Georgia November 10, 2008.
23. Burroughs JR, Hsueh JB, Soparkar CNS, McCann JD. Pretarsal Botulinum Toxin A Injections in Benign Essential Blepharospasm Patients with Pseudo-apraxia of Eyelid Opening: Is Eyelid Ptosis a Real Concern? American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Spring Meeting, Tuscon, AZ, May 2012.
24. Burroughs JR, Soparkar NS. New Treatments and Considerations for Blepharospasm. Benign Essential Blepharospasm Research Foundation Annual Symposium. Columbus, OH, August 2012.
25. Burroughs JR. Management for the Dry Eye. Benign Essential Blepharospasm Research Foundation Annual Symposium. Columbus, OH, August 2012
26. Burroughs JR, Hsueh JB, Knox BE. Bacterial-Fungal Sinusitis Masquerading As An Erosive Sino-Orbital Mass. American Society of Ophthalmic Plastic and Reconstructive Surgery Annual Spring Meeting, Newport RI, June 2013.
27. Burroughs JR. "Doing Safer Upper Blepharoplasty Surgery." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016. Invited Faculty.
28. Burroughs JR. "Making Lower Eyelid Transconjunctival Blepharoplasty Surgery Safer And Easier." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016. Invited Faculty.
29. Burroughs JR. "Top 10 Tips for Effective And Safe Blepharoplasty." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2016. Invited Faculty.
30. Burroughs JR. "Approaches To The Cosmetic Patient." Veirs Invited Speaker, Temple & White, Temple Texas, May 2017.
31. Burroughs JR. "Cosmetic Botulinum Toxin Applications." Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2017. Invited Faculty.

32. Burroughs JR. “Keys To Success When Marking The Skin For Upper Eyelid Blepharoplasty.” Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2017. Invited Faculty.
33. Burroughs JR. “Top 10 Tips Safe Effective Upper Blepharoplasty.” Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2017. Invited Faculty.
34. Burroughs JR. “Lower Blepharoplasty: Easier And Safer.” Global Aesthetics Conference, Miami FL, Nov 2017. Invited Faculty.
35. Burroughs JR. “What To Do With The Fat In Cosmetic Eyelid Surgery.” Global Aesthetics Conference, Miami FL, Nov 2017. Invited Faculty.
36. Burroughs JR. “Filler Blepharoplasty.” American Brazilian Aesthetics Meeting, Florianopolis, Brazil. Feb 2018. Invited Faculty.
37. Burroughs JR. “Marking The Skin For Upper Eyelid Blepharoplasty.” American Brazilian Aesthetics Meeting. Florianopolis, Brazil. Feb 2018. Invited Faculty.
38. Burroughs JR. “Addressing The Fat In Cosmetic Eyelid Surgery.” Vegas Cosmetic Surgery Meeting, Las Vegas NV, June 2018. Invited Faculty.
39. Burroughs JR. “Principles For Cosmetic Botulinum Injections To Maximize Results And Safety.” Vegas Cosmetic Surgery Meeting. Las Vegas NV, June 2018. Invited Faculty.
40. Burroughs JR. “Top 10 Tips For Blepharoplasty Surgery.” Vegas Cosmetic Surgery Meeting. Las Vegas NV, June 2018. Invited Faculty.
41. Burroughs JR. “Keys to Success: Marking Eyelids For Blepharoplasty.” American Brazilian Aesthetics Meeting, Park City, UT, Feb 2019. Invited Faculty.
42. Burroughs JR. “Filler Blepharoplasty.” American Brazilian Aesthetics Meeting, Park City, UT, Feb 2019. Invited Faculty.
43. Burroughs JR. “Filler Blepharoplasty, Brow Lifting, and Contouring.” Vegas Cosmetic Surgery Meeting. Las Vegas NV, June 2019. Invited Faculty.
44. Burroughs JR. “Essentials to Know for Optimizing Aesthetic Outcomes in Lower Eyelid Blepharoplasty.” Vegas Cosmetic Surgery Meeting. Las Vegas NV, June 2019. Invited Faculty.
45. Burroughs JR. “Filler Blepharoplasty, Brow Lifting & Contouring.” Global Aesthetics Conference, Miami, FL. Nov 2019. Invited Faculty.
46. Burroughs JR. “Filler Blepharoplasty, Brow Lifting, Facial Contouring.” 6<sup>th</sup> Biennial Caribbean Facial Plastic Surgery Update. Jan 2020. Invited Faculty.
47. Burroughs JR. “Chemosis and Malar Edema Avoidance and Management.” 6<sup>th</sup> Biennial Caribbean Facial Plastic Surgery Update. Jan 2020. Invited Faculty.
48. Burroughs JR. Invited Moderator for Eyelid and Forehead Rejuvenation Panel. 6<sup>th</sup> Biennial Caribbean Facial Plastic Surgery Update. Jan 2020. Invited Faculty.

49. Burroughs JR. “Fighting Fullness Frustrations: Foiling Festoons, Fat, & Fluid.” American Brazilian Aesthetics Meeting. Park City, UT. Feb 2020. Invited Faculty.
50. Burroughs JR. “Minimally Invasive & Energy-based Periorbital Rejuvenation Technique” American Brazilian Aesthetics Meeting. Park City, UT. Feb 2020. Invited Faculty.
51. Burroughs JR. “Fluid Frustrations: Avoidance & Management of Swelling in and Around the Eyes.” Vegas Cosmetic Surgery Meeting. Las Vegas, NV. Invited Faculty.
52. Burroughs JR. “Nonsurgical Facial Rejuvenation & Lifting: What Really Works” Vegas Cosmetic Surgery Meeting. Las Vegas, NV. Invited Faculty.
53. Burroughs JR. “Injectables Live”. Live Injectables Training You’ve Seen it All, but There is Still Something You Can Learn. Vegas Cosmetic Surgery Meeting. Las Vegas, NV. Invited Faculty & Injection Trainer.
54. Burroughs JR. “Keys to Success: Incision Planning in Aesthetic Eyelid Surgery.” Global Aesthetics Conference, Miami FL. Nov 2020. Invited Faculty.
55. Burroughs JR. “Keys to Success for Rejuvenation of the Middle & Upper Face.” Global Aesthetics Conference, Miami FL. Nov 2020. Invited Faculty.
56. Burroughs JR. “Top 10 Tips for Blepharoplasty Surgery.” Global Aesthetics Conference, Miami FL. Nov 2020. Invited Faculty.

#### **Textbook Contributions:**

1. Burroughs JR, McLeish WM, Anderson RL. Upper Blepharoplasty Combined with Levator Aponeurosis Repair. Steven Fagien, Editor. Putterman’s Cosmetic Oculoplastic Surgery Textbook, 4<sup>th</sup> edition. Elsevier Publishing, Philadelphia PA 2008. Ch. 10; 115-122.
2. Burroughs JR, Anderson RL. Keys to Success When Marking the Skin in Upper Blepharoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 19; 62-4.
3. Burroughs JR, Anderson RL. Internal Brow Elevation with Corrugator Removal. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 29; 95-8.
4. Burroughs JR, Anderson RL. Avoiding or Minimizing Postoperative Swelling. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 37; 112-3.
5. Burroughs JR, Anderson RL. Lower Blepharoplasty with Fat Repositioning Without Sutures. Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 57; 176-80.

6. Burroughs JR, Anderson RL. Introduction to Botox. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 89; 293.
7. Burroughs JR, Anderson RL. Botox Injection Technique. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 95; 303-4.
8. Burroughs JR, Anderson RL. Cosmetic Botox Applications: General Considerations and Dosing. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 96; 305.
9. Burroughs JR, Anderson RL. Botox: Avoiding Pitfalls. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 97; 307-8.
10. Burroughs JR, Anderson RL. Other Uses of Botox. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 111; 336-7.
11. Burroughs JR, Anderson RL. Filler Pearls: General Considerations. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 114; 344.
12. Burroughs JR, Anderson RL. Dermal Filler Pearls: the Hyaluronic Acids. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 116; 352-3.
13. Burroughs JR, Anderson RL. Radiesse Pearls. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 117; 354-5.
14. Burroughs JR, Anderson RL. Juvederm Pearls: Fine and Superficial Lines. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 118; 356.
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16. Burroughs JR, Anderson RL. Autogenous Orbicularis and Fat as a Filler. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2009. Ch. 127; 386.
17. Burroughs JR. Tips for Safer, More Effective, and More Comfortable Periocular Anesthetic Injections and Sedation. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 13; 47-8.
18. Burroughs JR, Anderson RL. Keys to Success When Marking The Skin in Upper Blepharoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 13; 79-80.
19. Burroughs JR. Blepharoplasty Pearls: General Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 27; 93-6.
20. Burroughs JR. Doing Safe Upper Blepharoplasty Surgery: When Less Is Better. Pearls and

- Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 34; 115.
21. [Burroughs JR](#), Anderson RL. Transblepharoplasty Internal Brow Elevation with Corrugator Removal. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 41; 141-4.
  22. [Burroughs JR](#), Anderson RL, McCann JD. Transblepharoplasty Incision Lower Eyelid Canthoplasty. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 42; 145-50.
  23. [Burroughs JR](#), Anderson RL. Reducing Postoperative Swelling. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 46; 155-7.
  24. [Burroughs JR](#), Anderson RL, Vagefi MR, McCann JD. Bump Thermoplasty for Small Benign Eyelid Lesions. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 48; 161-2.
  25. [Burroughs JR](#), Anderson RB. Scar Management. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 49; 163-5.
  26. [Burroughs JR](#). Chemosis: Avoidance and Management Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 61; 201-2.
  27. [Burroughs JR](#). Making Lower Eyelid Transconjunctival Blepharoplasty Easier, Safer, and More Comfortable. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 62; 203-4.
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  29. [Burroughs JR](#), Anderson RL, McCann JD. Lower Blepharoplasty with Non-suture Fat Repositioning. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 71; 229-31.
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37. Burroughs JR, Anderson RL, McCann JD. Dermal Filler Pearls: The Hyaluronic Acids. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 143; 473-4.
38. Burroughs JR, Anderson, RL. Radiesse Pearls: General Tips for Safer, More Comfortable, and Better Results. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 144; 475-6.
39. Burroughs JR, Anderson RL. Hyaluronic Acid Pearls: Fine and Superficial Lines. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 146; 479-80.
40. Burroughs JR, Anderson RL, McCann JD. Novel Uses for Hydroxylapatite (Radiesse) Filler: Beyond the Facial Folds: General Tips. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 151; 497-501.
41. Burroughs JR. Lower Eyelid Rejuvenation: A Pictorial Guide. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 153; 507-510.
42. Burroughs JR, Yen MT, Anderson RL, McCann JD. Autogenous Orbicularis and Fat as a Filler. Pearls and Pitfalls in Cosmetic Oculoplastic Surgery Textbook. Springer Publishing, NY NY 2015. Ch. 159; 531-4.

**Other articles/publications:**

1. Burroughs JR, Soparkar CNS, Patrinely JR: Seven Tips for Traumatic Eyelid Lacerations. Plastics Pearls for Review of Ophthalmology. 10: 7-15-03.
2. Burroughs JR, Anderson RL: Apraxia of Eyelid Opening: An under appreciated finding in blepharospasm patients. Ophthalmology Times October, 2005.
3. Burroughs JR, Anderson RL: Postoperative Swelling Pearls. Ophthalmology Times April, 2006.
4. Burroughs JR, Anderson RL: Preventing further attacks essential in treating dog bites. Ophthalmology Times June, 2006.

5. Burroughs JR, Anderson RL, McCann JD: Expanding roles for dermal fillers lead to better outcomes, satisfied patients. *Cosmetic Surgery Times* July, 2006.
6. Burroughs JR, Anderson RL: Oculofacial Botox Pearls. *Ophthalmology Times* September, 2006.
7. Burroughs JR, Anderson RL: Fat Fixes Tear Troughs. *Cosmetic Surgery Times* October 2006.
8. Burroughs JR. At Issue: Entropion. *Ocular Surgery News*, February 2007.
9. Burroughs JR, Katz B. Complex Facial Spasms. *Ocular Surgery News*, November 2007.
10. Burroughs JR. At Issue: Anophthalmia. *Ocular Surgery news*, August 2008.

**Local Lectures:**

1. "The Eye Exam for Flight Surgeons." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 9, 1995.
2. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 9, 1995.
3. "The Eye Exam for Flight Surgeons." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, August 2, 1995.
4. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, August 2, 1995.
5. "Ocular Pharmacology." United States Air Force Aerospace Medicine Primary Course, Brooks AFB, Texas, February 5, 1996.
6. "Ocular Emergencies Management for the Primary Care Practitioner." Primary Care Clinic, Lackland AFB, Texas, April 22, 1999.
7. "Ocular Emergencies: Recognition and Management." Family Practice Residency Grand Rounds, Eglin AFB, Florida, September 7, 1999.
8. "The Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, December 7, 1999.
9. "Ocular Trauma." Family Practice Residency Grand Rounds, Eglin AFB, Florida, August 7, 2000.
10. "Diabetes and the Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, January 22, 2001.
11. "The Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, February 20, 2002.



12. "Diabetic screening and management." Family Practice Grand Rounds, Eglin AFB, Florida, November 12, 2003.
13. "Ocular Emergencies: How to recognize, triage, and refer." Family Practice Residency Grand Rounds, February 11, 2004.
14. "Red Eye." Family Practice Residency Grand Rounds, Eglin AFB, Florida, Feb 18, 2004.
15. "Medical Aspects of Crucifixion: A Study on the Physical Death of Jesus Christ." Family Practice Residency Grand Rounds, Eglin AFB, Florida, March 10, 2004.
16. "Advances in the treatment of Benign Essential Blepharospasm." Benign Essential Blepharospasm Research Foundation, State Support Group Meeting, Denver, CO, Mar 17, 2007.
17. "Eyelid Lumps and Bumps: What you need to know for patient care." Southern Colorado Optometric Society. Colorado Springs, CO, Oct 26, 2007.
18. "Ocular and Oculoplastic Trauma." American Association of Registered Nurses (AORN) Pikes Peak Chapter. Colorado Springs, CO, April 18, 2009.
19. "Eyelid Malpositions: diagnosis and management." Rocky Mountain Ophthalmic Personnel, Colorado Springs CO, Sept 20, 2011.
20. "Eyelid and Facial Lesions: recognition and management." Colorado Springs Military Optometry Society. Colorado Springs, CO, May 7, 2012.
21. "Eyelid Malpositions." Southern Colorado Optometric Society. Colorado Springs, CO, Aug 1, 2012.
22. "Management for the Dry Eye." Benign Essential Blepharospasm Research Foundation National Meeting. Columbus, OH, Aug 17, 2012.
23. "New Treatments for Benign Essential Blepharopasm and Apraxia of Eyelid Opening." Benign Essential Blepharospasm Research Foundation National Meeting. Columbus OH, Aug, 17, 2012.
24. "Serious and Dangerous Eyelid Malpositions." Colorado Society of Eye Physicians and Surgeons (CSEPS), Colorado Springs, Co, Feb 27, 2013.
25. "Benign Essential Blepharospasm & Dry Eye Advanced Treatment Techniques." Denver BEBRF. Denver, CO, April 20, 2013.
26. "Safer Upper Blepharoplasty Surgery." Colorado Society of Eye Physicians and Surgeons (CSEPS), Colorado Springs, CO, May 26, 2016.

**International Lectures:**

1. Burroughs JR. Surgical and Clinical Anatomy of the Orbit and Ocular Adnexa. University of Montemorelos, Mexico, July 25, 2003.
2. Burroughs JR. Blepharoptosis: diagnosis and management. University of Montemorelos, Mexico, July 28, 2003.
3. Burroughs JR. “Filler Blepharoplasty.” American Brazilian Aesthetics Meeting, Florianopolis, Brazil. Feb 2018. Invited Faculty.
4. Burroughs JR. “Marking the Eyelids for Upper Blepharoplasty.” American Brazilian Aesthetics Meeting, Florianopolis, Brazil. Feb 2018. Invited Faculty.
5. Others: Grand Cayman Islands 2020, Australia 2021.

**Dr. John Burroughs YouTube Channel**

**MEDICAL AND SERVICE INFORMATION:**

Former Section Chief, Ophthalmology Services, Active Staff, Eglin Regional Hospital	1999-2004
a. Corresponding member of USUHS, Department of Surgery	1993-2004
b. Eglin Regional Hospital Laser Safety Officer	2000-2004
c. Eglin Regional Hospital Pharmacy and Therapeutics Committee	2001-2004
d. Eglin Regional Hospital Quality and Resource Management Monitor	2001-2004
e. Eglin Regional Hospital JCAHO Inspection Physician Panel	July, 2002
Active Staff, Department of Veterans Affairs, Oculoplastics	2004-2006
Current Patient Care:	
Private Practice, Colo Spgs, CO -Subspecialty consultative practice in cosmetic and reconstructive surgery for the eyelids, orbits, and face. -Springs Aesthetics, Medical Director	July, 2006-present
Colorado Springs Hospital Affiliations Memorial-UC Health Penrose-St. Francis	July, 2006-present

**Other Medical Experience:** Short-Term Volunteer Humanitarian Medicine Projects

1. General Medicine-Venezuela April, 1996
2. Ophthalmic/Plastic Surgery-Mexico, Honduras, Peru, Jamaica 1998-2003

**Some Current and Former Humanitarian & Philanthropic:**

1. Everything for Sight financial donor and participant surgeon
2. Springs Rescue Mission Homeless Support and Shelter business partner and financial supporter
3. Eye for God Ministries international surgical missions financial supporter
4. Compassion International financial supporter
5. Antioch Ministries International financial supporter
6. New Life Church Dream Center financial supporter for homeless, abused, single parents in Colo Spgs
7. Springs Initiative, through the Road Church, volunteer and financial supporter for widow, disabled housing support in Colo Spgs
8. Former Volunteer Financial Stewardship Board Member of the Road Church, Colo Spgs (2015-2018).
9. Food for the Poor ministry donor
10. Samaritan's purse ministry donor
11. Veteran ministries donor
12. All Things Possible (Victor Marx) ministry donor for incarcerated youth, high risk missions serving and rescuing ISIS victims in the middle east and sex trafficking victims
13. Springs Rescue Mission donating partner